

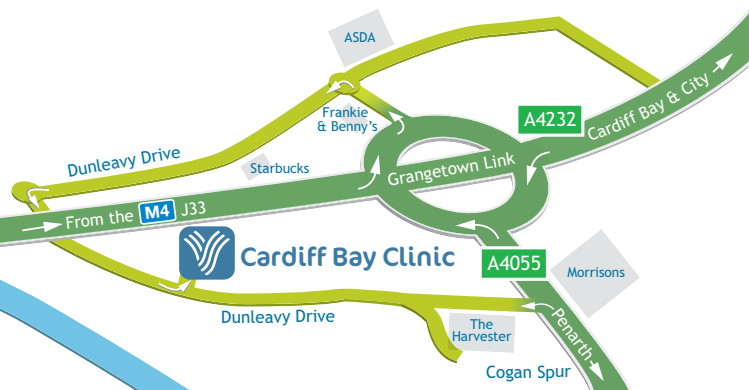
How to find the Vale Healthcare, Cardiff Bay Clinic.

From Cardiff Bay & City Centre head North towards the M4 on the A4232 and exit at the Penarth/IKEA turnoff. Take the 3rd exit (signposted IKEA) and turn left at the first set of traffic lights (Frankie and Bennys is on the left-hand corner). Go straight ahead (Starbucks on your left) and take a left at the mini roundabout, continue for 200 yards and the Cardiff Bay Clinic is on the left.

From the M4 J33 take the A4232 heading towards Cardiff Bay, exit at the Penarth/IKEA turnoff. Take the 1st exit (signposted IKEA) and turn left at the first set of traffic lights (Frankie and Bennys is on the left-hand corner). Go straight ahead (Starbucks on your left) and take a left at the mini roundabout, continue for 200 yards and the Cardiff Bay Clinic is on the left.

From Penarth head towards the City Centre on the Cogan Spur. After crossing the River take the first left slip road (opposite Morrisons), continue straight across the traffic lights (Harvester Pub on the left) and the Cardiff Bay Clinic is on the right (50 yards).

Call 029 2083 6700 for more information, to contact your consultant or make an appointment email info@vale-healthcare.com or visit vale-healthcare.com



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